

PARENT Request Form for Non-Dairy Milk - (Age 1 Year and Older)

Child Care Facility Instructions: Fill out the top part of the form. Have the parent/guardian fill out the bottom section to request Non-Dairy Milk. **If food substitutions are required, please use a Physician Statement for Meal Accommodations.**

Provider's Name (or Day Care Center/Facility Name): _____

Day Care Resources, Inc.
 USDA Child and Adult Care Food Program
 PO Box 1103
 Tremont, IL 61568
 (309)-925-2274

Day Care Home/Facility Address: _____

Child's Name: _____

Child's Date of Birth: _____

Date: _____

Dear Parent or Guardian:

Your child is enrolled in the Child and Adult Care Food Program (CACFP), a nutrition program funded by the U.S. Department of Agriculture (USDA). Facilities have the option to serve a Non-Dairy Milk (i.e. soy milk) that meets USDA standards for 9 nutrients (see chart). To request a Non-Dairy Milk, the child's parent or guardian must complete the section below. Return the completed form to your day care provider/facility. When a facility chooses to honor a parent request, the facility is responsible for buying and serving the Non-Dairy Milk.

Note: Lactose free cow's milk (ex. Lactaid®) is allowable and does not require any forms.

1 cup of milk **MUST** have these nutrients:

Nutrient	Amount	% Daily Value (DV)
Calcium	276 mg	28%
Protein	8 g	16%
Vitamin A	500 IU	10%
Vitamin D	100 IU	25%
Magnesium	24 mg	6%
Phosphorus	222 mg	22%
Potassium	349 mg	10%
Riboflavin	0.44 mg	26%
Vitamin B-12	1.1 mcg	18%

THE FOLLOWING IS TO BE COMPLETED BY THE PARENT/GUARDIAN.

1. Reason for requesting Non-Dairy Milk (required): _____

(ex. vegan, religious, cultural, or ethical reasons, etc.)

2. Indicate the Non-Dairy Milk you wish your child to receive: **(NOTE: Milk must be UNFLAVORED for children ages 1-5.)**

Great Value
 Soy Milk:
 Original Plain

OR

Silk
 Soy Milk:
 Original Plain

OR

8th Continent
 Soy Milk:
 Original Plain



Nutrition Facts
 Serving Size 1 cup (240mL)
 Servings Per Container 8
Amount Per Serving
Calories 100 **Calories from Fat** 35
Total Fat 4g **6%**
 Saturated Fat 0.5g **3%**
 Trans Fat 0g
 Polyunsaturated Fat 2.5g
 Monounsaturated Fat 1g
Cholesterol 0mg **0%**
Sodium 85mg **4%**
Potassium 390mg **11%**
Total Carbohydrate 9g **3%**
 Dietary Fiber 2g **8%**
 Sugars 7g
Protein 8g **15%**
 Vitamin A 10% • Vitamin C 0%
 Calcium 30% • Iron 6%
 Vitamin D 30% • Riboflavin 30%
 Folic Acid 4% • Vitamin B12 50%
 Phosphorus 25% • Magnesium 10%




Nutrition Facts
 Serving Size 1 Cup (240mL)
 Servings Per Container 8
Amount Per Serving
Calories 110 **Calories from Fat** 40
Total Fat 4.5g **7%**
 Saturated Fat 0.5g **3%**
 Trans Fat 0g
 Polyunsaturated Fat 2.5g
 Monounsaturated Fat 1g
Cholesterol 0mg **0%**
Sodium 95mg **4%**
Potassium 380mg **11%**
Total Carbohydrate 9g **3%**
 Dietary Fiber 2g **7%**
 Sugars 6g
Protein 8g **16%**
 Vitamin A 10% • Vitamin C 0%
 Calcium 45% • Iron 6%
 Vitamin D 30% • Riboflavin 30%
 Folate 15% • Vitamin B12 50%
 Phosphorus 25% • Magnesium 15%




Nutrition Facts
 Serving Size 1 cup (8 fl oz) (240mL)
 Servings Per Container About 8
Amount Per Serving
Calories 80
Calories from Fat 20
Total Fat 2.5g **4%**
 Saturated Fat 0g **0%**
 Trans Fat 0g
 Polyunsaturated Fat 1.5g
 Monounsaturated Fat 0.5g
Cholesterol 0mg **0%**
Sodium 95mg **4%**
Potassium 360mg **10%**
Total Carbohydrate 7g **2%**
 Dietary Fiber 0g **0%**
 Sugars 7g
Protein 8g **16%**
 Vitamin A 10% • Vitamin C 0%
 Calcium 30% • Iron 6%
 Vitamin D 25% • Riboflavin 30%
 Vitamin B12 20% • Phosphorus 25%
 Magnesium 6%



Day Care Resources, Inc. does not endorse any product. Brand names are given as examples of product(s) that meet requirements as of 7/2017.

OR **Other:** _____

Name of Non-Dairy Milk

Attach nutrition label

to prove the product meets requirements.

3. Who will be providing the non-dairy milk? facility/day care provider parent/guardian
 Parents are allowed to bring ONE meal component for their child for non-disability reasons.

4. Parent Signature: _____ Date: _____